

中考英语书面表达 40 篇

学校生活类

Writing 1

你们学校英语论坛发起主题为“Build a harmonious (和谐的) school”的讨论，呼吁青少年再一次关注学校的发展与环境保护的和谐关系、人与人之间的和谐关系。假设你是李华，请你写一份倡议书，加入论坛的讨论，呼吁青少年在校园中做到：

1. 爱护并美化校园环境；
2. 尊敬师长，团结同学， 诚信互助；
3. 遵守学校规则，积极参加学校活动。

注意：

1. 文中不得出现真实姓名、校名；
2. 100 词左右，开头和结尾已经给出，不计入总词数。

Build a harmonious school

Dear friends,

Our country calls for everyone to try their best to build a “harmonious society”. As a student, I think it’s our duty to work hard to build a “harmonious school”. _____

Let’s start right now to build a harmonious school.

Li Hua

参考范文

Dear friends,

Our government calls for everyone to try their best to build a “harmonious society”. As a student, I think it’s our duty to work hard to build a “harmonious school”. What should we do to achieve this goal?

First of all, we should try our best to protect the school environment. We should pick up litter on the road and throw it into the dustbin. We mustn’t pick flowers or step on the grass. On the contrary, we should plant more trees and flowers to make our school more beautiful.

Second, we should fill the world with love. We should show respect to our teachers, and also care for each other and help those in need. The most important point is all of us must be honest in our daily lives.

Finally, we should obey the school rules and take an active part in school activities.

Let’s start right now to build a harmonious school.

Li Hua

Writing 2

学生应当遵守学校的规章制度。请根据以下要点提示，以 "School rules" 为题，叙述中学生应遵守的一些规章制度，并谈谈你的看法。80 词左右，开头已给出，不计入总词数。

要点提示：

1. 在课堂上不乱讲话，要认真听老师讲课，不带食物进教室，保持教室安静、清洁；
2. 课后要按时完成作业；
3. 在学校，要穿校服；
4. 保护学校的一草一木；
5. 与老师和同学们友好相处。

School rules

Every school has rules for students. As a student, we must obey them. _____

参考范文：

School rules

Every school has rules for students. As a student, we must obey them. First of all, in class, we shouldn't talk but listen to the teachers carefully. We are not supposed to take food or drinks into the classroom. We should keep our classroom quiet and clean. Then, after class, we should finish our homework on time. One more thing, we should wear our school uniforms in school. Besides, we should protect trees, grass and flowers there because they make our school more beautiful. At last, we should get on well with our teachers and classmates.

Writing 3

初中生活马上就要结束了,三年的初中生活一定给你留下了很多挥之不去的回忆。请你给大家讲一个最值得你回忆的故事。字数在 100 词左右,包括时间、人物、事情经过和事后你的感想(请不要写出真实的学校名称以及真实姓名)。

提示词语: three years, memories, one of, one day, think, happy/ sorry

参考范文：

How time flies! I have studied in my school for three years. And I will graduate from middle school in a month. I am eager to share my happiness and sadness with you. I had so many memories in three years' life. One of them impressed me very much. I still remember, when I began to learn English, I found it too difficult. No matter how hard I tried, I still couldn't do well in it and almost gave it up. As soon as my English teacher found my problem, she had a talk with me about how to learn English well. Since then, she has kept helping me. Little by little, I've become interested in English and I'm good at it. I think I am so lucky to become one of her students. I've learned a lot from her. I will try to help others when they are in trouble. I think it is a happy thing to help others.

Writing 4

课堂是教育我们做人、传授我们知识、培养我们能力、促进我们成长的重要场所。在你的课堂生活中，一定有许多难忘的瞬间。请以“An unforgettable class”为题，写一篇英语短文，向大家讲述你难忘的一节课。

写作要点：

1. When did it happen and what subject was it?
2. What unforgettable activities or events happened during the class?
3. How did you feel about the class?

写作要求：

1. 语言流畅，意思连贯，可围绕要点适当增加情节；
 2. 词数不超过 120。
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参考范文：

An unforgettable class

I've had quite a lot of lessons in my school life. Among them the one given by an American young man is the most unforgettable.

It was on Tuesday morning in May. Our teacher told us all of a sudden that an American would give us an English lesson. Then in came a young man. He greeted us in English and then began his class. It was quite different from those we had before. During the whole class he taught us several

English songs, played games with us and helped us act out a dialogue. He neither taught us English grammar rules nor asked us to do lots of written exercises. He was not serious at all. He was always smiling at each of us. Happy time was always short. Before we knew it, the class was over. We took a photo with our American teacher in the classroom.

I will never forget his smile, his songs and everything he had done in his class.

亲朋好友类

Writing 5

你有哪些优点让别人喜欢和你做朋友呢？请以 What makes me a good friend? 为题写一篇英语演讲稿。

要求：

1. 语言表达准确，短文连贯通顺；
2. 文中不得出现真实姓名和学校名称；
3. 80 词左右。

参考范文：

What makes me a good friend?

First, I am a boy who is easy to get along with. I never get angry easily. That's the most important reason that makes me so popular.

Second, I'm always ready to help others. Whenever my friends meet with troubles, I will give them a hand without even a moment's thought.

Besides, I'm a cheerful boy. I like to tell jokes and funny stories to make my friends laugh. They say time spent with me is full of fun.

Last but not least, I'm honest. So I'm a friend worth trusting.

Writing 6

假设你们班级正在进行一场讨论，主题是关于希望拥有什么样的朋友，请谈谈你的想法和理由。

要求：

- 1、文中不得出现真实姓名和校名；
 - 2、80--100 词。
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参考范文：

Friends are important in our life. Everyone needs friends. What kind of friends do I want to have? I think I'd like to have two different kinds of friends.

Firstly, I need friends who are quiet. I'm a shy and quiet person. The thing I like to do best is reading books quietly. I want my friends to be the same as me so that we can read together.

Secondly, I expect my friends to be funny and humorous. I have much stress from school. So I hope my friend can make me laugh.

I wish that all of us can find friends.

健康生活类

Writing 7

健康的生活习惯对于成长中的我们非常重要，请以 How to keep healthy 为题谈谈你的看法。健康包括饮食健康、锻炼身体、良好的生活习惯等。

要求：

1. 词数 80-100。标题已给出，不计入总词数；
 2. 字迹工整，语言流畅，表达准确，逻辑清晰；
 3. 文章内容可适当发挥。
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参考范文：

How to keep healthy

As we all know, it is very important to keep healthy. But do you know how to keep healthy? First, I think we must have a balanced diet. Breakfast is necessary. It gives us energy for the morning. We must also have the right kind of food. Remember to eat more fruit and vegetables, and less junk food. Second, it's necessary for us to exercise. Exercise can keep us active and strong. Third, developing good habits is very important. It's good to go to bed early and get up early. Don't stay up. If we don't have enough sleep, we may feel tired. Finally, listening to music or chatting can make us relaxed.

Writing 8

据世界卫生组织（WHO）统计，每年有 200 万人死于吸烟，60 万人死于二手烟。为此，我市规定，从今年 3 月 1 日起，严禁在公共场所吸烟。请你结合图片和下面所给要点，以“Saying No to Smoking”为题，谈谈吸烟的危害。

1. 吸烟有害；
2. 吸烟导致咳嗽、肺癌等疾病；
3. 吸烟影响青少年成长；
4. 二手烟同样有害；
5. 你的态度：面对别人吸烟、给烟怎么办？

注意：

1. 词数：100 词左右；标题和开头已给出，不计入总词数；
2. 应覆盖所有要点；可适当增加细节，使行文连贯；
3. 参考词汇：lung cancer 肺癌；secondhand smoke 二手烟。

Saying No to Smoking

According to the WHO, 2 million people died from smoking and 600 thousand from secondhand smoke every year. So smoking is banned in our city in public places both inside and out from March 1 on.

范文：

Saying No to Smoking

According to the WHO, 2 million people died from smoking and 600 thousand from secondhand smoke every year. So smoking is banned in our city in public places both inside and out from March 1 on.

As is shown in the picture, smoking is bad for people's health. It may cause many diseases such as cough, lung cancer and so on. Smoking is especially harmful to us teenagers because our bodies are still growing. Secondhand smoke does harm to us as well. So we must do something to keep away from smoking. If someone offers a cigarette, we should refuse it. And if anyone smokes nearby, we should try to stop it. From now on, every of us should follow the law and say no to smoking.

安全防护类

Writing 9

安全对每个人都很重要。请根据以下信息内容提示，写一篇关于校园安全的英语小短文。内容包括体育锻炼、上下楼梯、结交朋友、食品卫生等方面。

要求：

1. 语句通顺，表达准确，内容连贯；
 2. 短文可以适当发挥，但要包含以上要点；
 3. 词数 80-100。
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参考范文：

Safety has become the focus for us all. How to keep safe at school is especially important to us students. First, we should be careful enough not to get ourselves injured while we are playing sports. Second, there are too many students at school, and our hallways are too narrow. So don't crowd together, especially when we walk upstairs or downstairs, or an accident may happen. Besides, we should be friendly and get on well with others, so don't quarrel or fight. Last but not least, we should be careful to eat healthy food and keep away from junk food, which is harmful to our health.

In a word, it's important for everybody to remember these safety tips.

Writing 10

建设平安校园是我们每个人的责任与义务。作为一名学生，我们更应该珍惜自己的生命，更应该注意自己的人身安全。假如你是 Li Hua，并担任校学生会主席，请你就安全问题，向全校学生发出倡议，写一封安全倡议书。

内容提示：(1)不带管制刀具到学校；

(2)不私自下河洗澡；

(3)不打架；

(4)上学放学的途中应该注意安全；

(5)遇紧急情况，立即报告警察或老师。

参考词汇：管制刀具：restricted knives or things；洗澡：have a bath；打架：fight；

紧急情况：emergency；交通安全：pay attention to the traffic。

写作要求：(1)用词恰当，要点全面，层次清晰，书写规范。

(2)可适当发挥，80 词左右，开头、结尾已给出，不计入总词数。

(3)严禁出现自己的真实姓名和学校等相关信息。

参考范文:

Dear students,

As we know, safety is the most important thing in our lives. So, we should try our best to make sure we are safe. We mustn't bring restricted knives or things to our school because these things may cause serious problems. Do not have a bath in rivers or ponds by ourselves without our parents' permission. And, we should be friendly to others so fighting is strongly banned. Make sure that we should always pay attention to the traffic on our way to school or home.

Furthermore, if we meet some emergency, we must call for help from the police or our teachers. In a word, following these safeties rules above can make us live in peace.

Yours,

Li Hua

暑假计划类

Writing 11

假期快到了，很多同学想去旅游，但是也有同学不喜欢旅游。请你以 Traveling is interesting/boring 为题写一篇 100 词左右的英语短文,谈谈你的看法。

要求:

1. 先把题目补充完整;
2. 文中不得出现人名、校名等真实信息。

Traveling is _____

参考范文 1:

Traveling is interesting

You will have lots of fun things to do and see during the trip. Just imagine that you are walking in the beautiful mountains, enjoying the fresh air and listening to the birds singing. It's amazing, isn't it? Sometimes, you may meet people from different places and make friends with them, which makes your trip a more pleasant one. Also, you may have many interesting things to share with your friends when you are back. All the pleasure of your trip will be kept in your memory.

It's not surprising that so many students can't wait to go traveling during vacation!

参考范文 2:

Traveling is boring

Traveling is usually boring. There are always too many people in places of interest in China. It's crowded everywhere, especially during holidays. Just imagine that you are waiting in line, hungry and thirsty. "Why have I come here to see the crowd?" you may complain. If you are unlucky, you may meet a bad guide who pushes you into a shop here and there. It's terrible, isn't it? Also, you may have to get up early to take the plane or wait in the airport for hours because of a delayed flight.

Therefore, I prefer to stay at home than go traveling during vacation.

Writing 12

假如你是李华，你的美国笔友 Steven 发来一封电子邮件，询问你的暑假计划，请根据以下表格提示，给他回复。

暑假计划	
旅游
阅读
志愿活动
帮助父母

- 要求：1) 包含全部要点，可适当发挥；
2) 不能出现真实的校名及姓名；
3) 开头和结尾已经给出，不计入总词数；
4) 词数控制在 80-100 词左右。

Hi, Steven!

In your last e-mail, you asked me about my summer vacation plans. Now let me tell you.

What about your plans? I'm looking forward to your e-mail soon!

参考范文:

Hi, Steven!

In your last e-mail, you asked me about my summer vacation plans. Now let me tell you.

First, I plan to travel to Beijing, because it's a wonderful place to visit. I will visit many places of interest there, such as the Great Wall, the Summer Palace, etc.

Then, I'd like to read more books. Reading can open my mind to the outside world too. I plan to read historical books because I'm interested in history.

I also want to volunteer in an old people's home. I can read the newspaper to the old people, or just talk to them, because they are lonely.

Well, I think my parents show great love to me, so I want to do some chores to help them.

I'm going to cook for my parents so that they can have more free time to relax.

What about your plans? I'm looking forward to your e-mail soon!

表达观点类

Writing 13

目前,越来越多的中学生利用周末上各种各样的培训班或请家教。对于这一现象,存在两种不同观点:

有些人认为有必要	另一些人认为没有必要
跟老师学比自己学好 可以巩固课堂所学内容 可以学到更多的东西	容易养成依赖习惯 学生需要时间休息 许多培训班和家教以赢利为目的

请您根据以上提示,以 *Is a Training Class of Family Teacher Necessary?* 为题,写一篇 120 词左右的短文,反映表中内容,并简要阐述自己的观点。文章开头已给出, 不计入总字数。

要求:层次清晰,连贯流畅;表达灵活,不要逐字逐句翻译。

参考词汇:巩固 *strengthen*;

Is a Training Class or Family Teacher Necessary?

More and more middle school students are going to all kinds of training classes or having family teachers at the weekend. There are two different viewpoints about it. _____

【参考范文】

Is a Training Class or Family Teacher Necessary?

More and more middle school students are going to all kinds of training classes or having family teachers at the weekend. There are two different viewpoints about it.

Some think it necessary. Firstly, it's more effective to study with a teacher than by themselves. Secondly, it can strengthen what is learnt in class. Besides, they can learn a lot more. Others think it unnecessary. For one thing, students can easily form the habit of dependence. For another, students need time to relax from time to time. What's more, the purpose of many training classes and teachers is to make money.

In my opinion, whether a training class or family teacher is needed just depends. If you are really very weak at or interested in a certain subject, maybe it's OK for you. But be sure to choose a good and suitable class or teacher, otherwise it would be a waste of time and money.

Writing 14

你校英语社团正在开展主题为“*What should a good teacher be like?*”的讨论，为此邀请了一些学生和家长，请你根据下表内容，用英语写一篇短文进行交流，并阐述你的观点。

Students' opinions	Parents' opinions	Your opinion
<ul style="list-style-type: none">● get on well with students● give active and lively classes	<ul style="list-style-type: none">● have plenty of knowledge● be strict with students	...

注意：(1) 文章必须包括表中内容，可适当增加细节；

(2) 你的观点至少两条，不能重复表中的观点；

(3) 词数：80—100；

(4) 短文首句仅供选择使用，不计入总词数。

短文首句：Students and parents have different opinions about what a good should be like,
What should a good teacher be like?

范文：

Students and parents have different opinions about what a good teacher should be like. As for students, they think a good teacher should get along well with their students, and they are supposed to try to make their classes lively and active so that students can learn better with great interest. Different from students, parents think it's very important for a good teacher to have plenty of knowledge. What's more, teachers should be strict with their students.

In my opinion, the most important thing for a good teacher is to trust and encourage students, especially those who have difficulties in learning. Anyway, they are expected to help their students learn how to learn well.

文明礼仪类

Writing 15

今年我市正在申报全国文明城市，你们学校的 English Club 正在举办以“创建文明城市，争做文明市民”为主题的征文活动，请你根据以下的内容提示及要求写一篇应征稿。

内容提示：◆ 尊敬师长，明礼诚信

◆ 友善待人，乐于助人

◆ 遵守交规，不闯红灯

◆ 保护环境

◆ 你的观点

写作要求：

1. 文章必须包含所提供的主要信息，并适当发挥；
2. 文中不得出现真实的人名和校名；
3. 词数：90 词左右（开头和结尾已写好，不计入总词数）。

参考词汇: respect (vt.尊敬), obey traffic rules 遵守交规

We all know that our city is applying for the national civilized city. As students, what should we do? _____

Let's try our best to make our city a civilized city.

参考范文:

We all know that our city is applying for the national civilized city. As students, what should we do? We must respect our teachers, parents and the old. We should also be polite and honest. Besides, we should help those who are in need and be friendly to the people around us. It is important for us to obey traffic rules, too. When crossing the streets, we should walk on the zebra crossing. We mustn't go across the street when the traffic lights are red. What's more, we should protect the environment. For example, we mustn't step on the grass or pick flowers. We mustn't drop litter carelessly.

Let's try our best to make our city a civilized city.

Writing 16

近几年,越来越多的中国人出国旅游,他们中的一些不文明行为引起了人们的极大关注。调查显示,中国游客列世界第二不受欢迎的人。为此,请你根据以下要点,给校报英语专栏写一篇短文,并提出你的建议,呼吁人们文明出行。

- 1.不高声喧哗;
- 2.排队候车或就餐;
- 3.不随地吐痰或乱扔垃圾;
- 4.不乱涂乱画。

注意: 1.词数: 80 词左右; 开头已给出, 不计入总词数;

2.应覆盖所有要点; 可适当增加细节, 使行文连贯;

3.参考词汇: spit v.吐痰; behavior n.行为。

With more and more Chinese people traveling abroad, their bad behaviors have become a hot topic. A recent US survey showed Chinese were the second worst tourists. How can we be a good tourist? Here are some tips for you.

参考范文:

With more and more Chinese people traveling abroad, their bad behaviors have become a hot topic. A recent US survey showed Chinese were the second worst tourists. How can we be a good tourist? Here are some tips for you.

First, we should keep our voice down while talking with friends in public places. Please wait in line if you want to take a bus or have dinner. Also, don't spit or drop litter whenever you want. Finally, it's really bad behavior to write or draw pictures on famous buildings.

As a middle school student, I think we should pay attention to our behavior, saying no to those bad habits. While enjoying ourselves, we should not only respect local customs, but also take care of the environment.

活动介绍类

Writing 17

假如你是杨佩，你的外教 Mr Smith 想组织几名学生去一个学校参加助学和联谊活动。请你参考下列消息，以书信的形式向 Mr Smith 提出申请，说明你打算如何开展这次活动及理由。

提示：

Abilities: communicate with; play basketball and ping-pong; sing songs; speak good English

Plans: get on with; organize activities; help... study English

要求：

1. 参考提示语，可适当发挥；
2. 语句通顺，意思连贯，书写工整；
3. 文中不得出现你本人的姓名和校名；
4. 80 词左右。

参考范文：

Dear Mr Smith,

I'm so excited to know that our school is organizing an activity to help kids in another school. I hope I can join in. I think I have the abilities to help them. First, I'll get on well with the kids there. I can do it because I always communicate well with others.

And I have a few hobbies, such as playing basketball, dancing and singing, so I can help organize after-class activities. Also, my English is good. I can help the kids with their pronunciation.

I'll read English aloud with them and teach them English songs. It's really fun.

I'll be thankful if you give me the chance!

Yours,

Yang Pei

Writing 18

做家务是家庭成员的义务。作为家庭成员之一，你一定做过不少力所能及的家务活。请根据提示写一篇英语短文讲述一次你做家务或学做家务的经历或故事，与大家一起分享。

写作要点提示：

1. 你是否喜欢做家务、你常做哪些家务；
2. 重点讲述一次你做家务或学做家务的经历或故事（包括起因、过程、结果等）；
3. 你父母对你所做家务的评价或你个人的收获、感受。

写作要求：

1. 短文的内容应包含所提示的要点，语言要流畅，可围绕提示要点适当增加情节，以使短文的意思连贯；

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- 2.短文中不得出现真实的姓名、校名及地名;
 - 3.短文的词数在 90 词左右。
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参考范文:

I'm an 15-year old middle school student. I have been busy with my study and seldom helped my parents with the housework. Feeling quite sorry for that, I begin to think about what to do to help.

Last Sunday, when my parents went out shopping, I suddenly got an idea: why not give the rooms a through cleaning? Firstly I collected all the books, newspapers and other things in the rooms and put them away. Then I wiped the dust off all the furniture. After that, I swept the floors carefully.

At this moment, my parents came back and were quite surprised to see all the rooms tidy and floors shining. My mother gave me a hug and I could see satisfaction in her eyes. Tired as I was, I never felt so happy.

读书与学习

Writing 19

当前,全市各学校正开展“好书伴我成长”活动。请你根据活动主题并结合表格中所给信息,以“Growing up with good books”为题,用英语写一篇 100 词左右的倡议书,向全校同学发出倡议。

读书的益处	获取知识,增长见识,使人快乐。
存在的现象	听音乐,看电视,上网,占用了大部分业余时间。
发出倡议	多读书,读试题好书。向世界传播中国传统文化。 让读书成为我们生活的一部分。

要求:

- 1.倡议书应包括所有要点;
- 2.倡议书的开头已给出,不计入总词数。

Growing up with good books

My dear friends,

Reading is very important. _____

参考范文:

My dear friends,

Reading is very important. We can get knowledge through reading. It can not only open our minds, but also make us clever and happier. Our study can be improved if we read more good books. The more we read, the more we will learn, and the brighter our future will become.

However, some students spend much time in listening to music, watching TV or going on line to play games. It takes much of their spare time. So I would like to suggest that everyone should read more books, especially read classics so that we can spread our Chinese traditional

culture to the world.

Let's start reading now. And let it become a part of our life!

Writing 20

你喜欢阅读吗? 阅读能使人明智, 使人充实。请你以“Reading is Very Important”为题, 写一篇有关阅读的短文。

要点: 1. 阅读的益处。

2. 你的阅读习惯 (喜欢的书籍、阅读的时间、地点、购书方式等)。

3. 你的阅读体会。

4. 你的阅读计划。

5. 号召大家多阅读。

提示: 1. 短文中不得出现真实的人名和地名。

2. 短文中应包含至少 3 个要点。

3. 书写工整、语句通顺、连贯, 词数不少于 80。

注意: 文章开头已给出, 不计入总词数。

Reading is Very Important

Reading can not only open up our eyes but also improve our knowledge.

参考范文:

Reading can not only open up our eyes but also improve our knowledge. Some people say that money is the best thing in the world, but I consider reading is the best.

Reading is very important. By reading you can get all kinds of knowledge. Furthermore, reading books makes your life enjoyable.

There are many books are my favorite. Such as *Five Thousand Years*, *Little Red Riding Hood* and so on. Every day I swim in the sea of books. I like reading them in my study after school. I usually buy them on the Internet because it's easy for me to do that.

Reading, is a kind of enjoyment, is a way to experience pleasure. Come on! Friend, to study together, to study, to experience the fun of reading together!

环境保护类

Writing 21

最近几年来, 空气污染日趋严重。请针对这种现象, 根据提示写一份调查报告, 并提出自己的治理建议。

最常见的空气污染源	工业: 废气、烟尘等 交通: 汽车和飞机等交通工具 生活污染源: 吸烟、厨房的油烟等
我的建议

要求: 1. 语言表达准确, 短文连贯通顺。

2. 短文必须包括以上内容要点, 可适当发挥。

3. 词数 100 词左右。开头已给出, 不计入总词数。

The air pollution has been getting worse and worse. So recently I did a survey about the air

pollution in my city .Here's my report.

参考范文：

The air pollution has been getting worse and worse. So recently I did a survey about the air pollution in my city. Here's my report.

There are mainly four kinds of sources of the air pollution. The first one is from some factories that produce wastes, another one is from vehicles ,such as cars, trucks, planes and buses, some of the gases which they produce remains in the air, the third one is from smoke that is from cooking in our kitchen and smoking, the fourth one is the bad smell in the air. I think we should do something to prevent and control air pollution. The government must make rules to prevent factories and vehicles from producing pollution, encourage people to plant more trees and grass and make some people smoke in some special areas. We students should keep away from smoking and do our best to protect air.

Writing 22

由于树木被大量砍伐， 植被面积逐年减少， 空气受到严重污染， 臭氧层遭到严重破坏……人们已感到气温逐年升高， 就在前不久， 印度的高温已致 1700 余人死亡， 对此现象， 你有何看法？ 请以 “How to protect _____?” 为题， 写一篇 80—100 词的短文， 谈谈你的想法。

提示词： pollution, reuse, plant

要求： 1. 语句流畅， 书写工整。

2. 使用所给提示词， 并可适当发挥。

3. 文中不得出现真实的人名、 地名等信息。

参考范文：

How to protect our environment?

As a student, we should try our best to protect our environment. Now the pollution is more and more serious. Too many buses and cars can be seen on the road. So we should go to school by bike or on foot. And we should also ask our parents to ride bikes to work. We should reuse water, for example, when I finish washing the clothes; I use the water to clean the floor and water flowers. At school, I think saving paper is necessary, so I often make full use of paper. At the same time, I never use plastic bags. And I advise my parents to plant some trees behind my house.

It's important for us to live a low-carbon life to protect the environment. Lower carbon, happier life.

现代科技类

Writing 23

随着互联网的发展和普及， 网络购物在中国也变得越来越普遍了， 甚至已经成了我们日常生活的一部分了。 相信同学们身边一定有不少同学已经通过网络进行购物了， 比如天猫网， 京东商城等， 但是网络购物究竟有何利弊呢？ 请写一篇 100 词左右的短文， 谈谈网上购物的

好处与坏处。

要点：

- 1.网络购物在中国发展迅速；
- 2.网络购物的两三个优势，比如：商品多样，不限时间，不用排队等；
- 3.不足之处两三点,比如：不知道质量如何，多花钱，不能够享受购物的乐趣等。

参考词汇：Internet shopping/ shopping on line

With the quick development of the Internet, shopping online is growing faster in China. More and more people in China are interested in shopping on line.

参考范文：

With the quick development of the Internet, shopping online is growing faster in China. More and more people in China are interested in shopping on line.

Some students think it's very convenient for us to go shopping on the Internet. The Internet provides us with so much information about the products so that we can have many choices. The shops on the Internet, for example taobao.com, 360buy.com are open for almost 24 hours a day, so we can buy something we want at any time if we like.

However, some students disagreed with them. We can't see things while we are shopping. So we are not sure whether they are good or not. Sometimes we have to wait for them to come or spend more money than we expected. Besides, we can't enjoy the happiness of shopping with our friends.

Writing 24

假设某中学生英文报开展关于计算机与学生生活的征文活动，请你根据下表所提示的要点，以 Computer in my life 为题，用英语为该报写一篇短文，简述计算机在你生活中的用途，并就计算机对你生活的影响谈谈你的感受。

用途	学习	搜集资料；拓展阅读（或自拟内容）
	交流	传递信息；探讨问题（或自拟内容）
	生活	欣赏音乐；购买商品（或自拟内容）
	其他	（请考生自拟一点内容）
感受	计算机对你生活的影响（请考生自拟一点内容）	

注意：

- 1.表达中必须包含所给要点，可以适当发挥，不要简单翻译。
- 2.词数 90 左右，开头已经写好，不计入总词数。
- 3.表达中请勿提及真实校名和姓名。

Computer in my life

The computer has become an important part of my life. _____

参考范文：

Computer in my life

The computer has become an important part of my life. Usually I use the computer to search

for information and do some further reading. With the help of computer, I can get more knowledge easily in my free time. I not only communicate with my teachers and classmates by email, but also discuss questions with them online. What's more, I can enjoy the music online and shopping on the Internet makes my life much easier. Sometimes CD-ROMs help me learn English and make me relaxed. Moreover, I can take part in some kinds of activities online.

In a word, the computer is really of great help to me. It brings me a more meaningful and colourful life.

社会现象类

Writing 25

随着家庭生活条件的提高, 现在的孩子或多或少会有一些零花钱。请以 How to spend my pocket money 为题写一篇作文。内容必须包括以下提示要点, 词数 80-100。

1. 你从哪里得到零花钱;
2. 你平常用零花钱做些什么 (至少两点);
3. 你觉得用零花钱还可以做些什么更有意义的事 (至少两点)。

参考范文:

How to spend my pocket money

As families are now living better lives, we kids can have some pocket money. I usually get my pocket money from my parents. Sometimes, I can get some by selling waste paper and bottles. I often use my pocket money to buy breakfast on my way to school. I also buy some books to help me with my lessons. I hope I can do something more meaningful with my pocket money. For example, I can go traveling to enjoy myself during summer holidays. And I can also donate my pocket money to help poor children.

Writing 26

近来网络上流行一句话:“世界上最远的距离是我在你的对面, 你却在看手机。”这句话真实反映了当前的社会现象,“手机控”,“低头族”越来越多且呈年轻化趋势。随着手机功能日益增多,越来越多的年轻人沉迷于手机娱乐活动,成为“手机控”一族。假定你是某校学生,请根据以下提示写一篇短文,向某英文报社投稿,谈谈你对该现象的看法和建议。

“手机控”的表现	沉迷于手机娱乐活动(聊天、看电影等),与朋友和家人的交流减少,离开手机会有焦虑症等异常情绪表现……
“手机控”的危害	对健康不利,影响学习……
你的建议	……

参考词汇:手机控 a phone freak 焦虑 anxious (adj.) 沉迷于 be addicted to ……

注意:1. 内容须包括所提示信息,可适当发挥;

2. 文中不得出现自己的真实姓名和学校名称;

3. 90个单词左右。开头已经给出,不计入总次数。

Today, many people, especially young people, are phone freaks. They ……

参考范文:

Today, many people, especially young people, are phone freaks. They are addicted to playing mobile phones. They often use phones to chat with others, watch movies, play games, listen to music or take photos and so on. In fact, they will be anxious without phones.

However, it does harm to their study. Because they spend too much time playing with phones. They can't have a good rest. They don't have time to do their homework. They can't get good grades.

In my opinion, we must use it in a right way. If we take it to school, we mustn't use it during the class. And remember that study is our first work.

传统文化类

Writing 27

假如你是李涛，你的英国朋友 Jim 想通过你了解中国的传统节日。请根据提示给 Jim 写一封信，介绍你最喜欢的节日——春节 (The Spring Festival) 的情况，并写出喜欢的理由。

The Spring Festival



play fireworks



get together



lucky money



visit relatives

提示：

内容要点：节日的时间、含义（家人团聚的日子）、主要活动(两项或以上)及你喜欢的理由。

词数：不少于 80 词，开头和结尾已经写好，不计入总数。

Dear Jim,

How are you? I'm really glad that you are interested in Chinese traditional festivals.

Yours,
Li Tao

参考范文：

Dear Jim,

How are you? I'm really glad that you are interested in Chinese traditional festivals. I'd like to introduce the Spring Festival to you.

The Spring Festival is one of the most important festivals in China. It usually comes in January or February. People get together to have a big dinner, give best wishes to each other and play fireworks. Children receive lucky money from parents. I like the Spring Festival because during this festival, I can wear new clothes, eat delicious food and have fun with friends.

Can you tell me something about your favorite festival?

Yours,
Li Tao

Writing 28

端午节是中国的传统节日。吃粽子是中国的一种传统习俗。每年农历五月初，中国百姓家家户户要浸糯米、洗粽叶、包粽子。请根据以下提示，描写制作粽子的过程。

要求：1、制作过程必须包括以下的五个环节；

2、词数 80 词左右（开头的首句已给出，不计算在总词数内）。

Ingredients (材料)	
糯米(glutinous rice): one kilo	粽叶(reed leaves)
牛肉: half a kilo	红枣(red dates)
盐: two spoons	线 (strings)



How shall we make *Zongzi*?

To make this special food, we need to have _____

参考范文：

How shall we make *Zongzi*?

To make this special food, we need to have one kilo of glutinous rice, half a kilo of beef, some red dates, two spoons of salt, some reed leaves and some strings.

How to make *Zongzi*? First, put the glutinous rice into the clean water and keep it for two hours. At the same time, wash some reed leaves and cut the beef into pieces. Next, shape the reed leaves by hand. Then, fill them with the glutinous rice and beef pieces. Add some red dates if you like. And then, tie *Zongzi* with strings. Finally, steam them.

体育运动类

Writing 29

每年的 8 月 8 日是“全民健身日”。为了让这项运动更加深入人心，某英文杂志的栏目正在以“Let's Do Exercise Together”为题，向广大中学生征文。请你根据下面表格中的要点提示写一篇文章，向该栏目投稿。

运动的重要性	运动的时间与方式
<ul style="list-style-type: none"> ◆保持健康； ◆培养个人的性格 	<ul style="list-style-type: none"> ◆上学时步行或骑自行车； ◆体育课做各种锻炼(跑步、打篮球.....) ◆周末与朋友去爬山、游泳等。

参考词汇：keep fit, train a person's character, on foot, PE class, climb mountains

要求：(1)词数：80 词左右，开头已给出，不计入总词数。

(2)短文中不得出现真空的人名、校名和地点。

Let's Do Exercise Together

It's very important for us to do exercise. _____

参考范文:

Let's Do Exercise Together

It's very important for us to do exercise. Doing exercise can not only help us keep fit, but also help to train a person's character. What's more, doing exercise helps us to study better.

We can do exercise whenever we want. It is good for us to go to school on foot or by bike. In PE classes, we can do all kinds of exercise, such as running, jumping, playing basketball and so on. On weekends, we can climb mountains or go swimming with our friends. Also, we can go hiking during the vacations.

Let's do exercise and have a healthy lifestyle together!

感恩与帮助类

Writing 30

我们每一个人都应该懂得感恩、学会感恩。请以 **I should thank** _____ 为题写一篇短文。

要求:

1. 请把题目补充完整。
 2. 假如写作中你需要用到姓名、校名, 请使用规定的姓名、校名。
姓名: Li Hua, 校名: Guangming Middle School
 3. 字数: 80 字左右。语句通顺, 意思连贯
-
-

参考范文 1:

I should thank my mother

In my life, I'll thank my mother forever.

My mother is busy every day, but she does all housework in my family and works hard in the factory. When I am in trouble, she always encourages me to overcome difficulties. When I am ill, she always looks after me carefully.

In a word, not only will I thank my mother for giving me life, but also I'll thank her for helping me, teaching me knowledge and how to be a person.

参考范文 2:

I should thank my mother

I began to study in my mother school in 2013. I enjoyed studying here. But two years ago, there were some troubles in my family. My parents couldn't give me money for school. I cried, because I wanted to go on with study. When my teachers and classmates learned about it, they lent me a hand. The teachers bought me textbooks. The classmates give me money though they weren't rich enough. With their help, I have finished the three-year study. Now, I'm leaving my school. I want to say: "Thank you, mother school!"

兴趣爱好类

Writing 31

很多人在生活中都会有自己喜爱的一段时光, 也许是生机盎然的春天, 也许是和父母一次开心的旅行, 也许是和好友亲密的相处……它让我们兴奋、喜悦, 它给我们带来甜美的回

忆。你一年中最喜爱的一段时光是什么呢？请以 My favorite time of year 为题，写一篇英语短文向大家介绍你在一年中最喜爱的一段时光。

写作要点：

1. What is your favorite time of year?
2. What do you like to do during this time?
3. Why do you enjoy it so much?

写作要求：

1. 切合题意，内容完整，表达清楚，可适当发挥；
 2. 词数：100 左右。
-
-

参考范文：

My favorite time of the year is spring. I often fly kites and have picnics with my parents in spring. In spring, the weather is always sunny and rainy, it's not cold and not hot, it's warmer and warmer. The flowers begin to open and the trees begin to turn green. The birds are singing in the sky, they are happy. The animals will go out to play. Many people like to go out and enjoy the sunshine. I like wearing my sweater and jeans, I like to fly kites, plant trees and see the beautiful flowers. Spring is colorful, I think it's a wonderful season.

Writing 32

健康的兴趣爱好可以使我们感受到生活的色彩、增加生活的乐趣；可以陶冶我们的性情、提高文化素养；它还能给我们带来知识、友谊和快乐。在生活中，你有什么兴趣爱好？请以“My hobby”为题，结合自身经历写一篇英语短文。

写作要点：

1. What is your hobby?
2. Why do you have the hobby?
3. What have you learned from your hobby?

写作要求：

1. 语言流畅，意思连贯，可围绕要点适当增加情节；
 2. 词数 100 左右。
-
-

参考范文：

My hobby

Everyone has his own hobby, it may give him a lot of happiness. My hobby is reading.

Two years ago, I didn't like reading very much. I had plenty of time, but I spent lots of time on playing with computers. When I was very young, I didn't think reading book was interesting, because I found nothing more interesting than the computer games.

I've changed now. I enjoy reading novels, because there're lots of interesting stories. When I am in trouble, reading can make me calm down. When I am very tired, it can make me comfortable. When I am angry with something, it also can make me happy again. Reading keeps me in a good mood and it's good for my health. Enjoy your hobby, enjoy your life.

情感与压力类

Writing 33

众所周知，控制情绪，保持积极乐观的心态，才能让生活充满幸福和快乐。那么如何让自己幸福快乐呢？某英语报的“Think and Write”栏目的征稿话题就是“Learn to Control Your Feelings”。请结合表格中的提示，写下你的感悟与大家一起分享吧。

The importance of controlling feelings	Controlling feelings is important.
	We can find better ways to solve the problem.
	Controlling feelings can help to make friends with more people.
	Bad feelings can cause some trouble.

注意：1. 词数 80 左右。

2. 可适当发挥，以使行文连贯。

3. 短文开头已给出，不计入总词数。

Learn to Control Your Feelings

Nobody can be happy all the time. _____

范文：

Learn to Control Feelings

Nobody can be happy all the time. If something bad happens to you, what will you do? Will you get angry?

I think at that time you should control your feelings. Controlling feelings is important to us all. If we control our feelings well, we can find what caused the problem and then we can find better ways to solve the problem. Also controlling feelings can help us to make friends with more people. Bad feelings can make you lose friends and cause you some trouble. So we should learn to control our feelings and make our life happier.

Writing 34

生活中的烦恼都会使人产生压力,为了更好地发现及解决同学们中存在的心理压力问题,你们班特意开展了一次以"Less Pressure, Better Life"为主题的英语演讲比赛,请你准备发言稿,谈谈你的一些缓解压力的好办法,与同学分享,内容包括:

1. 同学们中普遍存在的压力是什么;

2. 我的压力是什么;

3. 我是如何成功缓解我的压力的。

注意：文中不得出现真实的姓名和校名。词数 80~100。

范文：

Less Pressure, Better Life

Hello, boys and girls!

Pressure is a serious problem in today's world. Students in our class are under too much pressure. Some students can't get on well with their classmates, while others may worry about their exams.

I'm always under pressure, too. My parents want me to be the top student in class. So they send me to all kinds of after-classes at weekends. Last Monday evening, I had a talk with my mother. I told her I was not lazy. I really felt tired. I needed time to relax. My mother agreed with me at last. So I think a conversation with parents is necessary to solve the problem.

That's all. Thank you!

励志愿望类

Writing 35

假如你叫李华，是“中华好少年 (China's Good Children)”的候选人之一。请你写一份材料，介绍你在家、在学校和在社会上的表现。

要求：

1. 紧扣主题，适当发挥；
 2. 短文中不能出现校名和人名；
 3. 80 词左右。
-
-
-

参考范文：

My name is Li Hua. I am lucky to be chosen as one of China's Good Children.

I get up early every day and do some reading, and then I do exercise. Doing exercise not only helps us keep fit, but it also helps to build a person's character. I often do some housework at home.

At school, I study hard and do homework carefully. In class I volunteer to answer questions, and after class I help my classmates with their lessons.

And I'd like to help others in need. For example, I donate books, clothes, and raise money for charities. And at weekends, I often visit old people, and spend time with them.

其他

Writing 36

在一些特别的日子如生日、节日、纪念日里你一定也收到过许多礼物，其中你最喜爱的礼物总会不断地呈现在你的记忆中，它可能来自于你的亲人、朋友或老师，在礼物中有他们对你的爱和期待，你收到的最特殊的礼物是什么？请以 A special gift I've received 为题写一篇英语作文，叙述你收到礼物后得到的启示和你的感动之情。

要求：

1. 语言流畅、书写规范、卷面整洁，词数不少于 80 个；
 2. 文中不得使用你的真实姓名、校名，否则以零分计。
-
-
-

参考范文：

A special gift I've received

I have received so many gifts on my birthdays. But I love the book named Beautiful English best. It was given to me by my mother last year. I like to read it in my spare time. From the book, I have learned that the world is full of love and beauty. I also know people should help each other, understand each other and love each other. I think I'll grow up with the book because it is not only

a book but also my mother's deep love.

Writing 37

每个人都经历过童年，小时候的一些美好瞬间总是令人难以忘怀，那段无忧无虑，快乐无比的日子在我们的记忆中也永不会褪色……请根据提示，以 *My childhood memory* 为题写一篇 100 词左右的英语短文，向大家讲述你童年发生的故事。

1. How old were you at the time?
 2. What was your memory?
 3. Why is this memory so special?
 4. What do you think of this memory now?
-
-

参考范文:

My childhood memory

Like many children, I had a happy childhood under the care and love of my parents. My mother took me to the kindergarten and home every day. I thought mother was so kind and healthy that she would never get sick.

But one day, my father went to the kindergarten to get me back. I asked, "Why doesn't my mother come?" "She is sick, and she is in hospital." said Father. I felt sad and frightened. Then I began to cry. "Don't cry or mother would worry. You should be a good child." I seemed to understand my mother was too tired. I made up my mind I would look after my mother from then on.

Writing 38

随着我们长大，和家人围坐在一起吃饭的时间越来越少。然而有研究表明，跟家人一起吃饭有助于身体健康。对此你有何看法？你又是如何做的？请以 *Eating with parents makes you healthier* 为题写一篇 80 词左右的短文，陈述你的理由。

Eating with parents makes you healthier

参考范文:

Eating with parents makes you healthier

I believe eating with parents will make teenagers healthier.

First, as we know, a happy mood keeps people healthy. Talking more with parents is a better way of helping solve problems in our daily life. The dinner time is just a chance for communication.

Also, home-made meals are healthier for us to eat, for the food problem seems more and more serious now.

As for me, I have dinner with my parents every day. My family all think the time for dinner is the most important moment for each of us.

Writing 39

学会善待他人，用理性、善意、爱心和责任去面对生活的现实；善待他人，才能融入人群，获得友谊、信任、谅解和支持，拥有充满快乐的感觉，踏入充满机遇的境界，走向充满

希望的未来。在生活或学习中，我们要与许多人交往：父母、老师、同学、朋友等等。学会怎样与人友善相处是非常重要的。请以“Be kind to others”为题，写一篇90个词左右的英语短文。

提示：1.短文中请勿使用真实姓名、地点或所在学校名称。

2.提示词汇：learn, respect others, Communicate with each other; feel happy, understand, share.

Be kind to others

参考范文：

Be kind to others

As we know, students should learn how to be kind to others. But in what ways? First of all, we should respect others. Everybody has their own way to do things, so we should understand each other. Besides, it is important for us to communicate with each other and share our happiness and sadness. What's more, we should offer necessary help to those who are in trouble. Then we will feel very happy.

In my opinion, we should treat others in an honest way. Only in these ways can we win other's respect and friendship. My dear friends, try to be a kind person, the world will be nicer and nicer.

Writing 40

生活中人人会犯错误，或大或小，关键是犯错后的态度。你犯过什么样的错误呢？犯过之后有什么体会和我们分享吗？

以“我从犯错误中学到的（What I have learnt from making mistakes）”为题写一篇不少于100词的短文，标点符号不占格。

（短文中不得出现考生的姓名、校名及其他相关信息。）

参考范文：

What I learnt from mistakes

It is obviously true that mistakes can never be avoided in life. Whether we can succeed depends on what attitudes we hold towards the mistakes. Faced with mistakes, some people choose to ignore them while other people are willing to correct them positively.

From where I stand, I prefer to admit the mistakes and try my best to solve them wisely. Once I broke my classmate's cup by accident. Though no one on the spot witnessed the whole thing, I still bravely came to her to explain my fault.

Luckily, she forgave me without hesitation. There is no doubt that only by learning from mistakes can we have precious treasure and pursue our dreams.