08 成长记忆

2021 年中考英语书面表达高分作文攻略（全国通用版）

素材储备与写作指导

成长历程的话题无外乎是有关学生成长过程中所经历过的事件，以及从中学习到的经验和教训，主要集中于学生走向成熟、摆脱稚嫩的过程。从学生的身份角度来讲，话题可能会涉及家庭生活和学校学习方面所拥有的成长经历，以及人生体验而引发的处事态度、人生观、价值观、人格品质等方面的回顾和分析，并进行领悟和自我完善。如，通过某个挫折学会了自我鼓舞;通过某次经历学到了自信独立;通过某项活动提高了自身能力等等。而这些题目既可以是全命题文章，也可以是半命题文章，话题多样，要谨慎审题，安排好文章结构。

我们就以某次经历为例，来具体剖析如何写好这类作文。

实践案例

.题目

Write at least 60 words with the topic “I learn from this experience". (请你以“我从这次经历中学会”为题，写一篇不少于 60 个词的短文。).每个人在成长历程中，都有着各种各样经历，这些经历对其成长也起着不同的影响。请你选取一次经历进行描述，并与大家分享你从中学会了些什么。

审题

这是一篇以成长中的学习为主题的半命题记叙文。learn 后面可以补充 to be ... 1 to dosomething / something 这些形式，但具体选择什么取决于后面的“this experience"。乍一看，应该有很多话题可供选择，或许会无从下手。但仔细思考，应该选取那些对个人成长起积极影响和作用的经历，比如“学会团队合作的一次活动”、“学 会诚实守信的一次体验”“学会尊重他人的次经历”等，题目明确要求“就其中个进行描述”，并且要交代 “你从中学会些什么”。因此，选取一个有意义的话题进行描述，交代清楚几大要素:人物、时间、地点、发展经过(即 who 1 when 1 where 1 what)，并写出它对自身成长的重要性(即 how).这些是文章的内容精髓。所以，该题目的审题核心词在于:“一次经历”和“学会些什么”。同时还需要注意的是，对于“经历”的描述应使用过去时。

段落结构

本文可采用三段式的写作结构:

第一部分 The 1st part

补充题目，引人文章的主题，为想要记叙的主题进行铺垫。如:

During my process of growing up, I learn a lot from the experience ....

I have had this experience that teaches me a lot about

I remember one experience clearly because it enables me to realize that ...

第二部分 The 2nd part

文章的中心部分，对选取的话题展开描述。如:

It happened on ... /in ..

When I was at the age of....

第三部分 The 3rd part

文章的结尾段，对全文进行总结，情感升华，首尾呼应，说明“学会些什么”。如:

From this ... experience, I realize / learn that ...

... was known / learnt from this experience, and I will / won't ... in the future.

核心语汇

■growth　成长(名词)

grow up　成长

learn from sb.向某人学习

. learn about sth.了解某事

. learn the lesson of ...得到教训....

. learn .. by heart/ keep ... in mind 牢牢记住

be fully aware of ...充分意识到.....

■... play an important role...起重要作用

. develop a good habit of ..养成....的好习惯

■overcome:/ solve / work out difficulties 克服/解决困难

■experience the excitement of growing up 体验成长的快乐

manage to do 1 succeed in doing 成功做某事

enable ... to do ...使....能够做....

■team work (spirit)团队合作(精神)

. be responsible for.对....负责

参考句型

. Life is full of ups and downs.生活处处有苦也有乐。

. The reason why ... is that .....的原因是.....

This experience taught me a lot because ....这次经历教会我很多，因为....

Thanks to this experience, I finally realize that... 多亏了这次经历，我终于意识到.....

Growing up means we should ...成长意味着我们应该.....

. I didn't realize how important ... is until ...直到....我才意识到....的重要性。.

I realize that .. is so important that I must ..我意识到....如此重要， 我一定.....

It is ... that makes me grow up more ..正.....使得我成长得更.....

. I learn from the experience that ...我从这个经历中学到....

. Difficulties and frustrations are unavoidable.困难和挫折是不可避免的。

We should pull ourselves together.我们应该振作起来。

习作 1

I learn love from this experience

My mother teaches me a lot of things. But the most important is that she teaches me how to love others.

Last month, my mother took me to a charity organization where lots of people were waiting there to donate money to some poor children in the remote countryside. Besides money, we also bring a lot of used clothes. She told me she wished there wouldn't be poor children who suffered from hunger and cold. She also hoped me to be a person full of love.

I learn love from this experience. I hope there will be more love in the world.

点评:这篇习作从结构上看基本是完整的，但从整体内容上看，与其说是从“this experience"中学会"love" ，倒不如说是“my mother"教会我的，所以主题上对于“this experience"的处理不是很恰当，即没有在审题的时候抓住核心词“-次经历”，而是偏重于突出“母亲”对“我”影响，而非具体描述这次经历。语言上问题不大，出现一处时态 上的错误，we also bring 应为 we also brought。除此以外，句型结构比较单， 还可以通过变化句型来使文章再提高一个档次。

修改稿

I learn love from this experience

I had an unforgettable experience that taught me to love others.

Last month,my mother took me to a charity organization where 1 had never been.When I saw so many people waiting there to make donation I felt shocked and moved. A volunteer told me here were lots of poor children who didn't have enough money to buy food or clothes Another one advised me to donate some books because it would be helpful for those children to gain more knowledge. So I returned home and brought lots of books immediately.

It is love that enables so many people to care for others who they even don't know. It is love that makes the world a happy place. After this experience, I decide to join in charity activities more often to spread my love to others.

习作 2

I learn to be brave and independent from this experience

In the process of growing up, it is unavoidable to face some difficulties. But there is no need to be frightened because learning something from them is the most important.

Last year, I went abroad for sightseeing. I was so excited at the beautiful scenery that I failed to stay close with my parents. I lost my way. Tears and fear tuned out to be useless,so I had to calm down. I knew I must depend on myself.Finally, I managed to find the local police and the problem was solved.

From this experience, I learn to be brave and independent, because courage and independence can help me overcome difficulties and get prepared for other problems in the future.

点评:成长历程有很多可以写的东西，-次印象深刻且有教育意义的经历不失为一一个易写的话题，可以轻松做到写之有物兼顾语言精练，这篇习作便是如此。以“人生难题”为引人，“异国迷路”为主题，“勇 气加独立”为成长教训，结构安排上中规中矩，可以得到满分。从 unavoidable / there is no need to / be excited at / turn out 等地道表达和多样的句型结构中，也可知该生语言修养上乘，思路清晰。本篇作文语句精简，无冗赘之辞，所以可以算是一篇 A 档优秀作文。

相关话题优秀范文解析

（一）

Mountain Climbing

last summer, I went mountain climbing together with my father. I still remember the day until now.

We started climbing the mountain early in the morning.But when the sun came up, it became very hot. I got all sweaty, feeling dizzy and tired, so 1 couldn't help complaining and wanted to quit. Hearing my complaint, my father encouraged me not to give up and helped me wipe away the sweat on the face. He said, "We won' t see the fantastic scenery unless we reach the top." | suddenly cheered up and continued to climb with full strength. We got to the top at last and enjoyed the beauty of the nature that I had never seen.

I could never forgot that experience and the lesson from that day. The beauty can only be seen after you make your efforts.

参考译文

爬山

去年暑假，我和爸爸一起去爬了山。 直到现在我还记得那天。

一大早， 我们就开始爬山。但是当太阳出来的时候，天气变得很热。我全身都是汗，又晕又累，所以我禁不住抱怨起来，并想要放弃。听到了我的抱怨，爸爸鼓励我不要放弃，并帮我擦掉了脸上的汗。他说:“除非我们到达山顶，否则无法看到美丽的景色。”我突然受到了鼓舞，继续全力往上爬。我们最终到达了山顶，并欣赏到了我从未看过的大自然的美丽。

我永远不会忘记那次经历，也不会忘记那天得到的启示。美丽只有在你努力过后才能看到。

亮点词汇

together wit.h.. ....一走

come up 出来;出现

sweaty　出汗的

dizzy .眩晕的

complaint 抱怨;怨言

wipe away 擦掉;抹掉

出彩句型

I couldn’t help doing.....我禁不住

Hearing.....，my father.....听到了....我爸爸.

We won't.. unless.我们不会... 除非.....

The beauty can only be seen after you make your efforts 美丽只有在你努力过后才能看到，

高分点评

本文描述了作者和爸爸的一一次爬山经历，丰富的细节描写，使人有身临其境的感觉。作者在文中运用了丰富的句型，如 when 引导的定语从句和 unless 引导的条件状语从句，为文章润色不少。最后得出的启发，更是点出了文章的主旨，将文章提升了一个高度。

（二）

Go Back Home Alone

There was an unforgettable experience in my childhood.When 1 was seven years old, my mother would pick me up from the school every day. But one day, my mother told me that she wouldn't do this any more. 1 was afraid of going back home alone, so 1 tried to persuade her. Although 1 told her my fear, she still insisted on her idea.She thought "It was good for me to learn to be independent.The next day after school ,I took a bus to go back home. I forgot to see the bus route when I get on..Therefore when the bus was more and more far away from my home, 1 felt very terrified.Finally, I go 1o the last stop, and then took the Same bus back home.

After that, 1 learned to go back home alone. And this experience made me know more about independence.

参考译文

独自回家

我的童年有过一次难以忘怀的经历。

在我 7 岁的时候，我的妈妈每天会接我放学。但是有一天，妈妈说，她不会再接我放学了。我害怕一个人回家，所以我试图说服她。尽管我告诉了她我的恐惧，她仍坚持她的想法。她认为学会独立对我来说是件好事。第二天下课后，我就坐了-辆公共汽车回家。当我上车时，我忘记看路线了。因此，当车离我家越来越远时，我感到非常害怕。最后，我到达了终点站，然后坐了同样的公交车回家。

从那以后，我学会了独自回家。这次经历让我更了解了独立的含义。

亮点词汇

go back home 回家

persuade 劝说;说服

far away from.. 远.....

alone 独自地

independence 独立

出彩句型

There was a().. experience in my childhood 在我的童年，有一次..的经历。

Although . she still insisted on her idea.即.....她仍坚持她的想法。

She thought it was good for me to..地她认....对我好。

I forgot to... when I got on.当我上车的时候我忘记..

高分点评

本文以颇具戏剧性的过程展现了作者学会独立的一个过程一学 会自己放学回家，文章细节生动，真实具体，并在其中呈现了“我” 和“妈妈”两个人物鲜明的性格特点。作者对宾语从句的运用非常娴熟，如"my mother told me that."和"She though."，地加句式变化的同时，使文章的表达更为流利、顺畅。

满分作文必背

（一）

书面表达：

Write at least 60 words about the topic "I try, I grow!" (以“我努力，我成长”为题，写-篇不少于 60 个词的短文，标点符号不占格。)

提示:在你的学习和生活中，一定 遇到过很多困难或挑战，在应对这些困难和挑战的过中，你一定学习和体验过很多东西，请选其中-件，谈谈你的经历以及收获和体会。

I try, I grow!

As a Grade Nine student, the time of graduation is approaching. Looking back on the

past three years study, there have been many difficulties for me not only in study but also in life. There is an unforgettable experience Id like to share with you.

It was the first time that 1 didn't pass an important exam At that time, 1 was 80depresed that 1 could hardly control myself After knowing that I was in bad mood, my best friend spent all her free time comforting me and never sopped encouraging me With her help and my own fores, 1 finally succeeded in making progress

After that, 1 will never lose confidence and will always keep working. because 1 firmly believe that if there is no sweat, there will be no sweet.

（二）

书面表达：

Write at least 60 words on the topic "Harvest". (以“收获”为题，写箱不少于 60 个词的短文，标点符号不占格。)

The following is for reference only. (以下问题仅供参考。)

1. Which harvest impressed you most in your growth?

How did the harvest happen?

3. Why do you think it was a harvest?

4. Do you have any changes after the harvest?

Harvest

In my growth, giving an English speech in front of all the students was the greatest harvest.I had been afraid of

English learning until it was my turn to give the class an English speech. With the help of my teacher, I, a rather shy person by nature who easily surfers from stage fright, had to plunk up great courage to take part in it. To my surprise, 1 did it successfully.

For me, it was a meaningful step forward, small as it was, in the long journey toward the final success in my life, because 1 had truly gained confidence by participating This harvest enables me to be more confident not only in English learning but also in many other aspects of my life.

（三）

书面表达：

Write at least 60 words with the topic "Growing up". (请你以“成长”为题，写筒不少于 60 个词的短文，标点符号不占格。

提示:在每个人的成长过程中，有些因素对人的成长具有重要的作用。如，一桩事、一件物、一个人、一段经历、一次体....请你就其中的一个进行描述， 与大家分享。

要求:内容切题、语句通顺、意思连贯、字迹清楚。

Growing up

Among so many people who love me in the process of growing up, my father gives me the most useful education. For example, when he taught me how to ride a bicycle, I learnt more than that.

When I was 10, my father told me I could try to ride a bicycle. After telling me some skills, he just let me practice by myself. I kept practicing though I fell down many times.Three days later, I could manage to ride the bicycle very well. And then my father said he wanted me to learn that some skills were helpful while some were not suitable for me. And the best way was to experience and practice by myself.

It is true, and it is very useful for my growth.