47 建议、推荐

2021年中考英语书面表达高分作文攻略（全国通用版）

相关话题作文体裁解读和素材储备

体裁解读

建议、推荐类作文属于议论文文体，题型为提示性作文。提示性作文通常给出具体的内容并规定作文的字数。这类作文限定了文章的思想内容，便于同学们把注意力集中在英文表达上，突出了英语作文的测试要点。

要想写好提示性作文，必须注意以下四点:

1. 确定题目，明确中心。要善于从所提示的情景中确定中心思想，明确写作意图，并在把我主题内容的基础上，确定文章的主题句，写作方法以及分配段落的方式。2.依据提示，进行构思。在写作过程中，必须按照提示的范围和要求未撰写文章。提示的内容是文章的总体框架，应该在提示内容的范围内进行分析、构思。在此基础之上可以进行适当发挥

3. 扩展语句，升华思想。要依据提示情景或词语，按照一 定的逻辑关系来展开段落，句与句、段与段志坚衔接要自然怡当。切忌把中文提示的情景逐词逐句地翻译，而应当根据所提示的内容用自己熟悉的英文词语、句型、句式来表达。

4. 语法准确，句意连贯。应根据要表达的内容确定句子的时态、语态，力求句型、句式丰富多样。

变式: How to study well. How to get along well with others. How to solve problems. How to learn English well. How to lead a healthy life. How to sleep well .How to eat a balanced diet. How to be a good sportsman. How to shop on line. How to make good friends with others. How to make a milkshake. How to study fora test....

相关话题素材必备

常用表达

实用词汇

注意连接词和过渡词等词语的使用，以增强文章的条理性和逻辑性。常用的过渡词和连接词包括:

一.表观点: I think in my opinion.. .

二.表顺序: first, second, third, finally, later on, next, to start/begin with, also, what's more

三.表因果: because, so, so that, therefore

四.表转折: but, however, although, though, even if, even though, instead

五表选择: either. . o.... neither.. nor... not..but.

六表比较: compare with/to.

表总结:总之 in a word,all in all 简而言之 in short

实用句式

提建议常用句型:

句型一: What/How about doing..?做..怎么样?

句型二: Let's (not) do ...让我们(不要)做..吧

句型三: You'd/We'd better (not) do ...最好(不要)做...

句型四: Why not do .. Why don't you do..?为什么不做.....?

句型五: If I were you, I would do.....如果我是你，我会.....

句型六: You should (not) do ..你(不)应该做...

相关话题写作指导

第一段:提出中心论点(要开门见山，不要拖泥带水):

Nowadays, there are more and more.

第二段:讨论问题，并提出建议(多使用过渡词和连接词，逻辑要清晰):Firstly... Secondly,... Thirdly.. Finally,

第三段:总结和归纳(首位呼应，突出中心)

All in all, if all of us can do so,

相关话题满分作文必背

（一）

现在，很多中学生被近视困扰，请就此现象写一篇短文谈谈你的看法和建议。

内容包括：1. 造成近视的原因；

2. 近视对学习或生活的影响；

3. 你认为应该如何保护视力？（至少两条建议）

要求：1. 字数 80-100 字。开头已给出，不计入总字数。

2. 文中不得出现真实的校名与人名。

参考词汇： eyesight: n. 视力 nearsighted: adj. 近视的

have good eyesight: 视力好 have bad eyesight: 视力差

Quite a lot of students have become nearsighted now. I think the main reason is that students don't have a good habit while studying. Bad eyesight brings trouble to our life and study. For example, if we leave our glasses at home, we can't take notes in class. We will feed uncomfortable when we swim with glasses. Here is my advice: on the one hand, teenagers shouldn't study for hours without breaks because our eyes need to relax. On the other hand, having sports and doing eye exercise are also helpful.

It's very important to have good eyesight. So let's take good care of our eyes.

（二）

健康一直是人们关注的问题我校要举行以"关爱健康"为题的主题班会请根据下表内容谈谈你的看法和建议,写一篇 80 字左右的演讲稿。

保持健康的重要性（2）保持健康的方法（3）保持健康的结论(4) 你的看法?

How to keep healthy /fit?

All of us want to be healthy. First， we should get enough sleep during the night.

We can go to bed early and get up early. Staying up late is bad for our health. Second, we must have the right kinds of food. We should eat fruit and vegetables and less meat.

We should drink a lot of water. We should have healthy eating habits.

Third, we should do more exercise to build up our bodies.

Finally, we should be happy everyday. Because smile will make us younger.

That is my advice. I hope you are healthy and enjoy your life.

（三）

6 月 5 日是世界环境保护日，我们周围的环境变得越来越糟糕，污染越来越严重。假如你是学生 Jone.，你校要进行"如何保护我们的环境?"专题演讲比赛，要求： (1)举例说明环境存在的问题 1—3 方面;(2)如何保护好我们的环境，采取怎样的措施，举例 1—3 方面进行说明，字数 80 左右。

As we all know the environment around us is getting worse and worse .In some places, we can't see fish swimming in the river or trees on the hills. Some people even have no clean water to drink. So I think we must do something to protect the environment.

But what can we do? How to protect our environment? For example ,we can go to school on foot or by bike. We can use shopping baskets not plastic bags when we go shopping and we can use both sides of the paper when we write

In a word ,if everyone pays more attention to our environment ,there will be less pollution and our life will be better . "There is only one earth", I hope everyone will protect our environment well.

What Can We Do for the Environment our environment is becoming worse and worse what can we do for the environment? I think each of us can do a little bit to help with this problem.

The first thing we can do is to use cloth bags instead of plastic bags when we go shopping. It helps to protect the environment. The second thing we can do is to reuse the old textbooks as possible as we can.We should also never forget to turn off the lights when we leave the classrooms in order to save energy. What's more, it would be better if we walk or ride a bike to school. We should try our best to reduce pollution and waste.

In fact, even the simplest everyday activities can make a real difference to the environment. I believe we can make the world a better place to live in.

（四）

为了保护地球有限的资源，我们应该采取什么措施呢？请根据下面的提示写

一篇约 80 词的短文，短文开头已经给出。提示词； 1.save water, the source of life, protect drinking water, stop polluting, make full use of it；

2.save electricity, crucial, turn off, other electric machines； 3.save

forests, useful ,stop cutting down； 4.recycle useful rubbish, save resources

参考作文：

Although the world develops much faster and better, the resources on the earth get fewer and fewer.In order to protect them , something must be done .Save water. Water is the source of life. No water, no life.So it's very

important for us to do so .Not only should we protect drinking water and stop polluting it, but also make full use of it.

Save electricity. It is crucial. We can't imagine what the life will be like without It .Everyone should do his best to save electricity. Don't forget to turn off lights or other electric machines when we finish working. Save forests。They are useful .Please stop cutting them down and use recycled paper instead. Make our world a green one to live in.

（五）

（热点） 这是中考中的老话题，近几年常考，形式多样。例文：请根据以下问题和答案的提示并结合你的实际情况，以"My English Learning"为题写一篇 80 词左右的英文稿件，要求至少涉及其中的三个问题，并且不能出现你的真实姓名、校名和县名等。

提示： When did you start learning English? (in „ /„years ago)

How do you learn English? (listen carefully, study with a group, read English every day„) What is difficult to learn? (listening, grammar„) What other helpful ways do you know to learn English well? (watch English movies, sing English songs)

参考作文：

My English Learning

English is one of my best subjects and I started learning English when I was ten years old. But at the very beginning, listening seemed a little difficult for me.So I have been doing a lot of listening practice,such as listening to tapes, watching English TV programs.

And I found it really helpful. In fact, there are some more helpful ways to learn English well.

For example, I enjoy singing English songs and I want to join an English club or find a pen pal from English-speaking countries.

I believe that nothing is impossible if you put your heart into it.

（六）

Shopping Online

With the help of the Internet, shopping is not a difficult job.

Just click your mouse to choose the article you like, and the shopping is finished. You needn't step out of the room. It seems easy and quick. But there's always a trap（陷阱）online.

If you are careless, it will bring you some trouble. You may find the color of the article is different from what you want, or the size is either too small or too big.

If you want to be different, you'd better not buy clothes online. Once you put on the clothes you bought online and go out, you will find many people wear the same clothes in the street. So you must be careful, because everything has two sides.

（七）

与父母相处的话题，这类作文难度较大，掌握基本句式，背诵范文非常必要。（陕西省卷）假如你是 Han Mei,下面是一封你的笔友 Alice 给你发来的 e-mail,请你根据 e-mail 的内容给她写一封回信，与她交流看法，并帮她排忧解难。提示词语： listen to, mother's love, care about, communicate with, get along with, smile 写作要求： 1.语句通顺，书写工整； 2.可用所给提示词语，也可以适当发挥； 3.词数在 60-80 左右

Dear Han Mei,

I'm afraid I've got a big problem recently. My mother talks too much to me. She always tells me, "Be careful while crossing the street."

"Put on more clothes." "Did you do a good job at school?" and so on. I'm annoyed(烦恼)。What shall I do?

Alice

例文

Dear Alice,

As a teenager, I met the same problem as you.

But now I can get along better with my mother. Here are some ideas for you. Your mother talks much, because she cares about you. Maybe it's not a good way, but it shows your mother's love.

So I think you should listen to her. If your opinions are different from your mother's, you can communicate with her, and tell her what you are thinking about.

If your mother doesn't take your advice, just keep silent and give her a smile. I hope what I say here can help you a lot.

Yours

Han Mei